

TERM
THREE

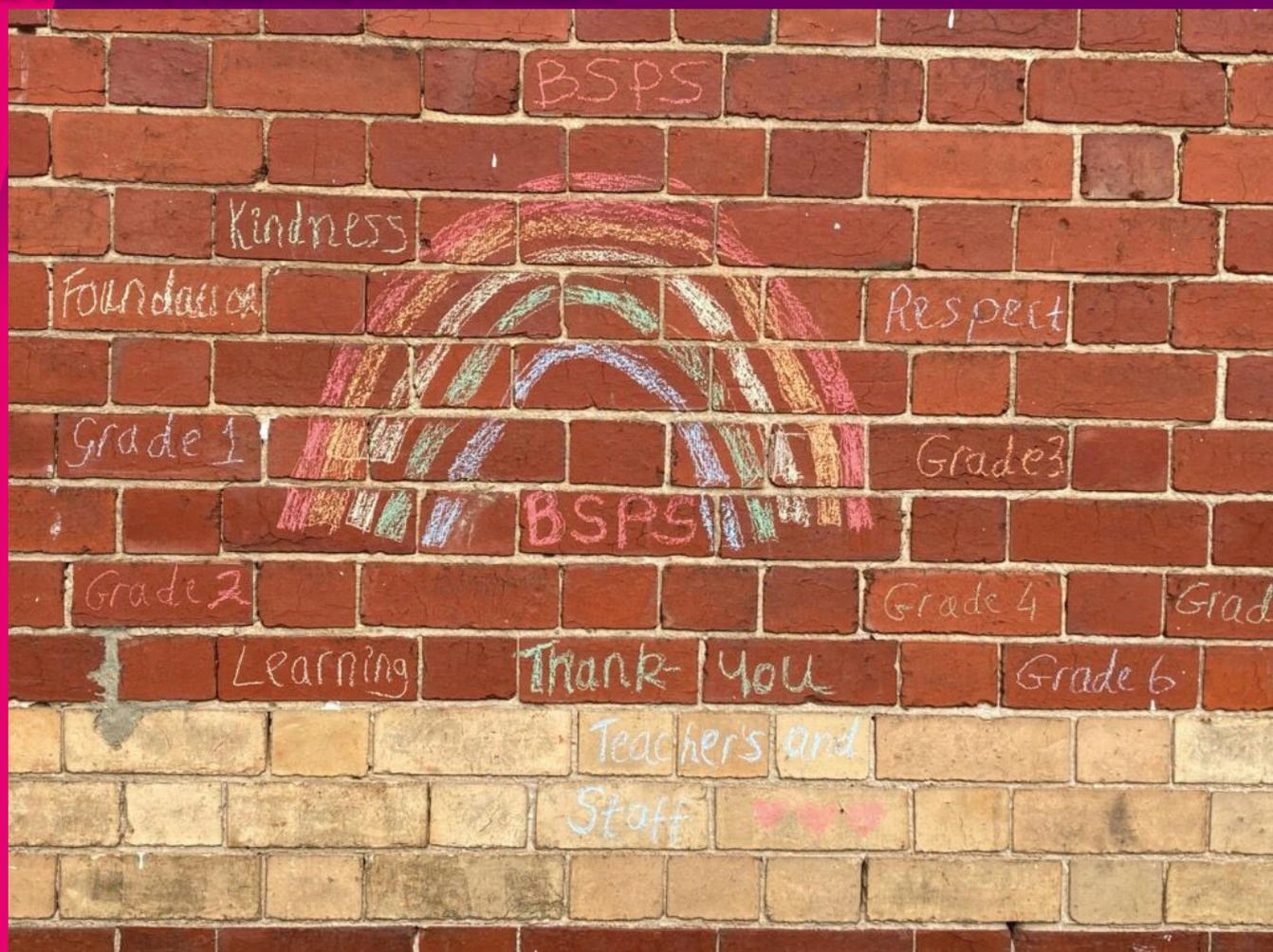


Brunswick South PRIMARY SCHOOL

imparare insieme ♦ creare insieme ♦ vivere insieme

WHAT'S INSIDE

LE NOTIZIE DI TREVOR, FOUNDATION, YR 1/2, SPECIALISTS



7 august 2020 issue 10

NEWSLETTER

our values –
the moral fibre which
guides our culture

CONSTANT LEARNING
MUTUAL RESPONSIBILITY
COMPASSION
SENSE OF POSSIBILITY

Term 3
Remote Learning

LE NOTIZIE DI TREVOR

This week Marg and I had the chance to join the 1/2s for their morning meeting and pyjama party. It was an absolute pleasure to see the screen filled with the faces of the kids and the virtual confidence they carried themselves with.

It's a confidence that we may never have envisaged eight months ago and was a reminder about how serious our grown up meetings have become. My take away from this was to regain the light hearted element of our staff meetings and professional learning sessions – where fatigue is becoming evident!

There's no need to summarise the challenges and changes over the past week. We're all too aware of the significant impact to all members of our school community. For those in our community who are facing additional challenges with the new restrictions and for those who have had changes to their employment, you're at the top of our thoughts. We hope these challenges are short lived and by all playing our part we hope that the return to normal can be sooner, rather than later.

Now, more than ever, wellbeing must be our priority. We know learning cannot happen when children do not feel safe. As adults, we too need to look after ourselves just as much as each other. The adage of fitting your own oxygen masks before trying to help others with theirs comes to mind.

This week, our Respectful Relationships working party met with the task of just that. Maintaining morale, wellbeing and injecting a bit of fun into our lives just at the time when we need it the most. The team are preparing some wellbeing challenges that you can choose to engage in with your family. The challenge will be sent out every Friday via Compass and we'd love to see photos and videos of your family engaging with the challenge. Keep your eyes peeled for the first challenge coming out today!

Stay home and stay safe,

Trevor

Why it's important to look after your mental health during COVID-19

The COVID-19 pandemic has greatly changed the way we live. To help keep us safe, it is likely that our lives will be different for a while.

When we aren't able to see our friends and family regularly, it can be harder to keep on top of how we're feeling.

Being aware of how you're feeling and knowing what you can do to look after your mental wellbeing is an important part of staying healthy during this challenging time.

If you need help right now, it is available 24 hours a day, 7 days a week, anywhere in Australia.

In an emergency, call 000.



Contact Lifeline for support if you are experiencing a personal crisis or have suicidal thoughts. You can call them 24 hours a day, 7 days a week from anywhere in Australia.

Lifeline 24-hour crisis line

131 114

Lifeline Australia



Beyond Blue

Beyond Blue Coronavirus Mental Wellbeing Support Service

Beyond Blue are providing information, advice and strategies to help you manage your wellbeing and mental health during the COVID-19 pandemic.

Hotline

1800512348

Beyond Blue Coronavirus Mental Wellbeing Support Service

Help and support - 1800RESPECT

www.1800respect.org.au > help-and-support

Call 1800 RESPECT 1800 737 732 available 24 hours a day 7 days a week". 1800 737 732 24 hours · Contact 1800RESPECT 1800 737 732 available 24 hours

BSPS SCHOOL COUNCIL

- ◆ **President** James Henry
- ◆ **Vice President** Madeleine Aikenhead
- ◆ **Treasurer** Dan Ziffer
- ◆ **Parent Members** Vicky Wilson
- ◆ **Community Members** John Hajek, James Henry
- ◆ **DET** Trevor Strolla, Marg Weymouth, Ivana D'Aprano

SUB COMMITTEES

- ◆ **Building and Grounds** James Henry
- ◆ **Policies** Marg Weymouth
- ◆ **Community and Fundraising** Jean-Pierre Masclef
- ◆ **Bilingual** John Hajek
- ◆ **OSHC** Vicky Wilson

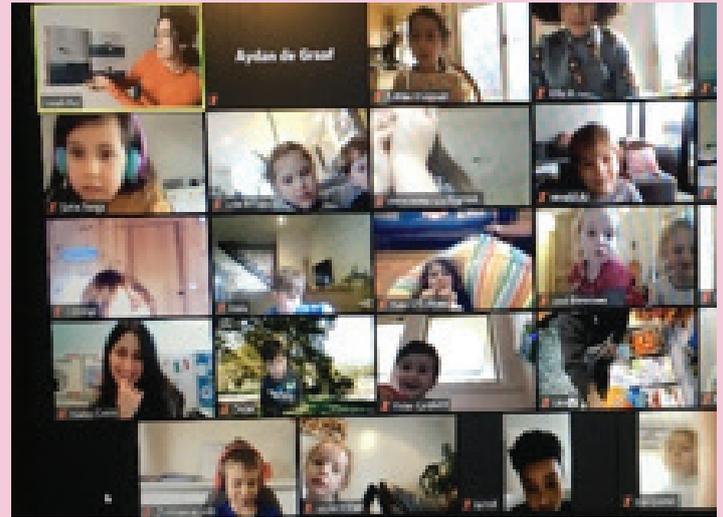
FOUNDATION

Zoom Session Fun

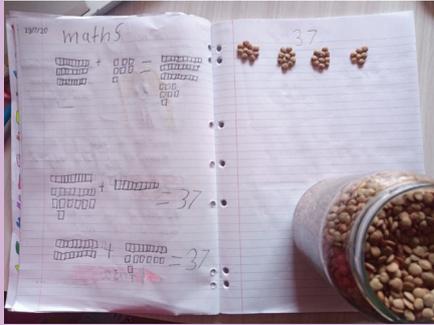
This term, the Foundation students have been having lots of fun during their morning meetings and Story Time sessions on Zoom.

They have been playing musical instruments, getting dressed up to celebrate birthdays, going on scavenger hunts and sharing in 'Show and Tell'.

Here are some screenshots that capture the enthusiasm and engagement of our wonderful Foundation students!

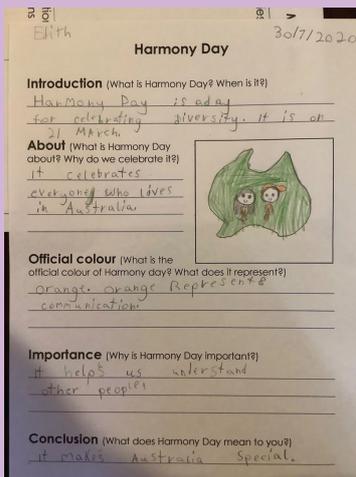


YEARS 1/2



In Science, we are learning about the solar system.

We are learning to partition in Maths



We are learning to write Information Reports



In Humanities, we are learning about our culture

In Humanities, we are learning about our cultures

ART

Toilet roll dolls by Louis Vanzella



A classy lady by Gia Quinti



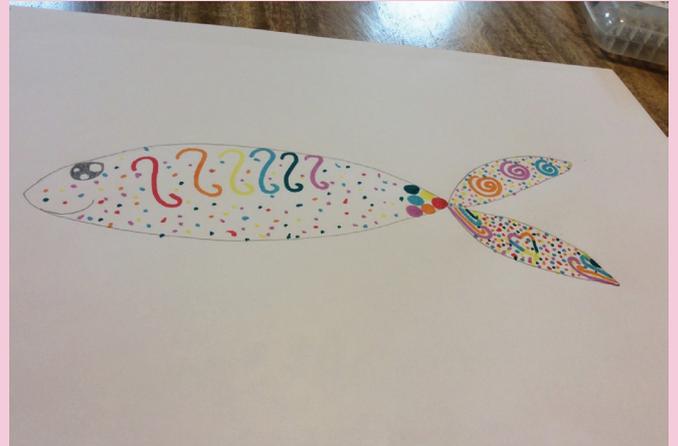
Go Cats! By Elliot Ziffer



Emotional fish by Victor Caldwell

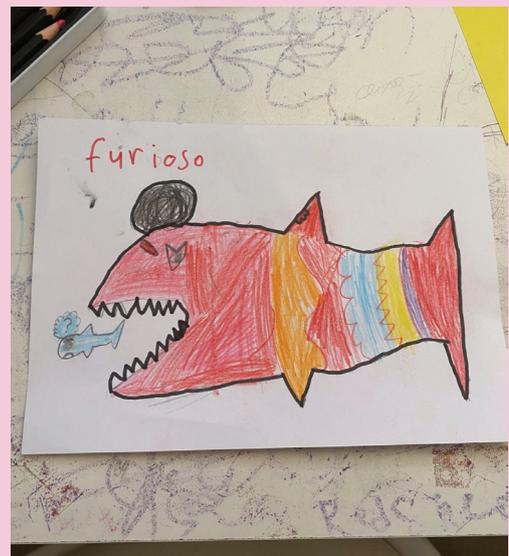


By Naia Cade Paredes



Un pesce furioso by Harry Sutcliffe, with a great comment from Harry's parent

Harry explained that his shark was furioso because the little shark bit his dorsal fin and so he was trying to eat it. Harry showed furious through hot colours, as well as sharp teeth and a fuming cloud above the shark's head I was really proud as Harry thought up all of these ideas on his own.

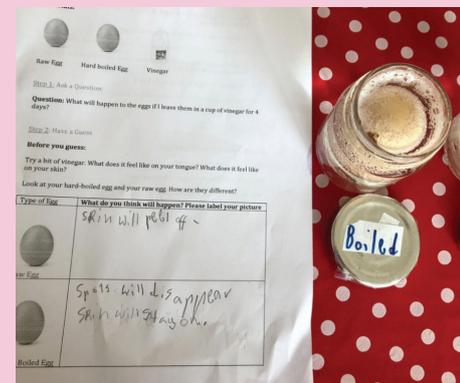
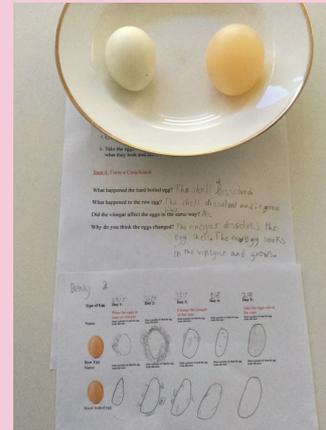


STEM

The foundations students have been taking part in a series of lockdown adventures. They have made fake snow out of baking soda and hair conditioner and constructed play equipment for their toys to play on. One of the tasks was making a zipline that was safe for their toys to ride.

Grade 1/2 students are investigating food. They made milk swirls with food dye and washing detergent, discovering that full cream milk usually makes the best swirls due to its high fat content.

They also performed an 'Eggsperiment', placing a raw egg and a boiled egg in vinegar for 4 days to see what happened. The results were very surprising!!!



ADHD for Parents

Online training course



Online learning for parents/carers

This **free** short course, aimed at parents and educators looks at the definitions and characteristics of ADHD, causal and contributing factors, its impact in the classroom, assessment tasks and adjustments.

This course was developed by OLT with help from Parents for ADHD Advocacy Australia.

We hope that this course can help to improve understanding of ADHD and dispel some of the myths surrounding it.

To register, go to: <https://aus.oltinternational.net/free-short-courses>

Course Overview

- The definition of ADHD and its characteristics
- The prevalence of ADHD, its possible causes and diagnosis
- Support at home and in the school
- Strengths of people with ADHD

For information on courses delivered by

Yarra Me School, please contact us:

Telephone: (03) 9478 8895

Email: yarra.me.sch@education.vic.gov.au



YarraMe

Parent help Desk

In response to COVID-19, Yarra Me has established a Help Desk for parents and carers to assist in supporting children with complex needs who are learning from home



YarraMe's Parent Help Desk can assist with:

- understanding your child's behaviours
- providing personalised one to one telephone consultation with a special education teacher (see registration link below)
- discussion of a pathway for the family to seek formal diagnosis of learning disabilities
- discussion about behavioural support strategies
- advice on setting up learning environments
- providing targeted resources
- referral to external services

The purpose of this service is to provide parents and carers with the opportunity to discuss your child's behaviours, which may be impeding their ability to learn at home.

Sometimes the Help Desk can help parents and carers to successfully navigate potential intervention pathways for their child.

Registrations are made via the following link:

<http://www.yarrame.vic.edu.au/help-desk.html>

Please note: This service is currently limited to families whose children attend Victorian state government primary schools.

The help desk is available during school terms, from 9am to 4pm on Monday, Tuesday, Thursday and Friday.

For further information, please contact:

Yarra Me School

Telephone: (03) 9478 8895

Email: yarra.me.sch@education.vic.gov.au



Autism for Parents

Online training course



Online learning for parents/carers

Autism for Parents is a **free** online learning course aimed at the parents and carers of children with autism.

This self-paced learning contains 9 modules providing information and strategies to better understand and assist the child. It also contains lots of videos of parents talking about the issues that concern them most and provides fantastic insight for anyone who supports a child with autism.

Registrations are made via the following link:

<https://aus.oltinternational.net/free-short-courses>

Course Overview

- Understanding the needs and responses of others
- What can a parent/carer do?
- Social Stories
- Communicating with children with autism
- Managing behaviour
- Following Instructions
- Obsessive Behaviour

For further information, please contact:

Yarra Me School

Telephone: (03) 9478 8895

Email: yarra.me.sch@edumail.vic.gov.au

