

TERM
TWO



Brunswick South PRIMARY SCHOOL

imparare insieme ♦ creare insieme ♦ vivere insieme

WHAT'S INSIDE

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FOUNDATION, YR 1/2, SPECIALISTS
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Amici Insieme



our values –
the moral fibre which
guides our culture
CONSTANT LEARNING
MUTUAL RESPONSIBILITY
COMPASSION
SENSE OF POSSIBILITY

*Brunswick South Primary School
has zero tolerance to child abuse
and actively works to respond to,
listen to, and empower children.*

31 may 2024 issue 7

NEWSLETTER

CALENDAR DATES

JUNE

Mon 3 School Council Meeting
Mon 10 King's Birthday
Public Holiday No School
Fri 14 Trivia Night 7.30-10pm
Sat 15 June Working Bee 2-4pm
Fri 28 End of Term 2.30pm Finish

JULY

Mon 15 Curriculum Day
No School
Tues 16 Term 3 Commences

Monday 10 June
Public Holiday

ASSEMBLY DATES

Mon 3 June 9am YR 5/6 Hosting
Mon 24 June 9am Foundation Hosting

LE NOTIZIE DI TOBY

Last week we launched our 'Amici Insieme' program from 2024! We were pleasantly surprised at how smoothly the new groups found each other, and once inside it was wonderful to witness the students forming new connections with peers from across the school!

Amici Insieme

Amici Insieme was first launched last year and is based on a program from **Peer Support Australia**, a national non-profit organisation that has been working with schools across Australia for almost 50 years to support student wellbeing. Placing students at the centre of their learning, the program empowers learners with practical skills and strategies to positively navigate life and relationships. Our Wellbeing Leader, Caro, completed the Peer Support professional learning last year.

This year, **Caro** and **Meerah** have worked together to support both our staff and students with the process. We collected feedback from our 2023 student leaders, which helped us target our support to our current 5/6 students, who have a direct leadership role in the planning, facilitating, and running the sessions, with the support of teachers.

Initially, the learning focus will be on delivering aspects of the Social and Emotional Learning curriculum and the representation of students from Foundation through to Year 6 provides the perfect environment to build and nurture positive relationships across the school. It will also serve as a vehicle to actively engage our senior students in their learning and the learning of their peers, while building their capacity as leaders of our school.

The second session is tomorrow and will run on Tuesdays until the end of term. Next term, we will pick it up on Tuesdays starting in the second week, with the eighth and final session in week 4.

If the first session is anything to go on, it looks like we are in for another wonderful program this year!

Photographing, Filming and Recording Students Policy

With so many photo-worthy moments happening around our school at the moment, I thought it would be a good time to share our policy around photographing and filming students. The policy outlines when and how the school may collect, use, and distribute photographs and videos of students, and the considerations involved in the process.

The policy also specifies the guidelines for **parents and carers** when taking photographs or recordings of students:

Brunswick South Primary School requests that parents/carers, students and invited guests who photograph, film or record school activities only do so for their own personal use and do not publish the images in any form, including on social media, without the prior consent of persons whose children also appear in the images.

In this context, social media includes 'private' or 'closed' social media, so please ensure that you follow the above guidelines when considering posting in private **WhatsApp** groups. We discourage photo sharing in year group WhatsApp groups moderated by our class carers.

Thanks in advance for following these guidelines and for being mindful of people's privacy, including taking photos and videos of your child for personal use while they are at school. If you would like some more information on the policy, you can find it on our website and can be accessed [here](#).

Cross Country

Last week, **Taylor Fletcher, Nellie Ford, Mackenzie (Mackie) Dunlop, Anya Shahrn, Osian Fletcher, and Gabe Tham** all ran in Divisional Cross Country, after qualifying from the District competition. Our students gave it their all and made our school proud, not just with their efforts, but also with their support for each other! In an exciting result, Mackie came first and will be running in the upcoming Regional competition!

Staff Updates

Last week, we bid farewell to **Federica Narcisi**, who had her final day teaching in year 3/4. We appreciate Federica's contributions to our school community this year and wish her all the best in her new professional pursuits. We are excited to welcome **Miguel Dib** to BPS and the 3/4 team for the remainder of the year. Miguel has been working as a regular relief teacher at our school and so we were very happy when he applied and was successful in the external application process. Miguel will begin teaching in week 10. Our students have already shown enthusiasm to have Miguel as their teacher, remarking "he is friendly and calm!"

After a small hiatus, **Caro** has resumed teaching the Health and Wellbeing specialist subject to our 3/4 and 5/6 students. In addition to this teaching, Caro will continue in her role as Mental Health and Wellbeing Leader.

Shade Sail + Working Bee

We're excited to begin the installation of a new shade sail next week! The shade sail will be in the area near the shipping container and balancing

logs. It will provide a flexible outdoor learning and play area for our students. Installation begins next **Tuesday 11 June** and is planned to be completed Friday 14 June.

In addition to the pre-existing outdoor log seating, we will be having some rocks and logs delivered so that we can enhance the space further. A working bee will be happening on **Saturday 15 June** from 2-4pm, so if you would like to come and help create our new outdoor leaning/play space, please come in and register your interest at the office.

I hope you all have a wonderful week.

Toby

Student Illnesses

We're coming into the winter months, and this often means illnesses.

If your child is unwell at the beginning of the day, please do not bring them to school until they are feeling better and do not have any symptoms.

You can enter your child's absence via Compass or call the school office on 9380 1231.

District Cross County and Divisional Cross Country

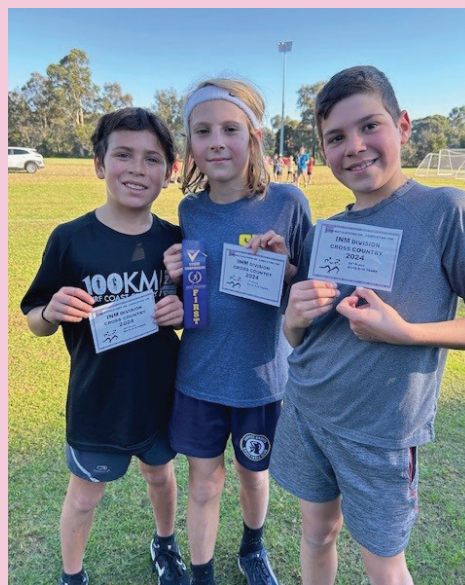
Two weeks ago some of our students competed in the District Cross Country. Everyone involved had a fantastic morning and put in their all.

The following 6 students qualified for Divisional Cross Country.

- ◆ Anya Sharan
- ◆ Mackenzie Dunlop
- ◆ Gabriel Tham
- ◆ Osian Fletcher
- ◆ Taylor Fletcher
- ◆ Nellie Ford

Last Wednesday the students competed at the Divisional Cross Country.

Congratulations to Mackenzie who came in first place and will go on to compete in Regional Cross Country.



FOUNDATION

This term the *Foundation* students have truly lived our school motto: *Imparare Insieme, Creare Insieme, Vivere Insieme!*

'Insieme' is the key word that has guided our learning in our Italian bilingual program. Most of our memorable learning experiences are those where we learn from each other and we have done exactly that! We have worked together to perform short texts in front of our peers, collaborated in Writing and Scrittura to craft words and sentences, practised the skills of teamwork and problem solving in Maths, recycled and composted in Scienze, and celebrated special school events. What an enriching bilingual experience it has been!



In Maths this term we have been learning about measurement. We have been measuring mass/ massa and length/lunghezza of different objects in the classroom. We have been using informal units of measurement like unifix cubes to measure length and balance scales to measure mass. It was fun because it was very hands-on and interesting!

Orsetti



Excursion

Do you want to know what we did on our excursion to the Port Phillip Eco Centre? Well, on our excursion we learnt all about the Aboriginal six seasons and what they are called. We also learnt about recycling and we played a relay race. Then we looked at some worms in tubs and learnt about their life cycle (did you know that every worm can have babies?) Lastly, we played a game where we changed plastic objects for more sustainable ones. Do you know you can buy a bamboo toothbrush?

Lupetti



YEARS 1/2

STEM

This term, the **Foundation** students are participating in a series of investigations and design challenges. They have designed and constructed a bed for Goldilocks, a bridge for an elephant to walk over (inspired by the story of 21 elephants crossing the Brooklyn Bridge), and an animal or monster out of cardboard and Makedo (reusable plastic screws).



This term, the **Year 1/2** students are participating in a series of design challenges using only reusable or repurposed materials (that means no sticky tape!). They are learning that things are designed to address a 'need' or a 'problem' and have constructed items such as a seat for a duck, a monster with gnashing teeth, and a cork boat that can carry at least 5 coins. The unit will allow students to explore different materials' properties, test their designs, and make improvements.



NEW OUTDOOR LEARNING & WORKING BEE

Exciting news! The senior outdoor area is getting a makeover. Thanks to a government grant and BSPS funding, new shade sails will be installed next month, creating an outdoor learning space by the storage container. Additional nature elements like rocks, logs, and plants will enhance the area.

Join us in bringing the vision to life! A working bee is scheduled for **Saturday, June 15th, from 2-4pm**. We need help weeding, planting, and mulching. Parents, carers, and kids, you're all invited! Please register your interest at the office or send a direct message to Kelley Mackay on 0414234466.

100% RENEWABLE ENERGY

As mentioned in the previous Newsletter, BSPS is making a big move towards sustainability by transitioning to 100% renewable energy starting June 1st. This shift is a crucial step in combating climate change and will greatly reduce our carbon footprint. Based on last year's electricity usage, we'll prevent approximately **64 tonnes of greenhouse gases** (tCO₂e) from entering the atmosphere **annually**.

But how much is this? It's hard to visualise because greenhouse gasses are invisible.

64 tonnes (tCO₂e) is equivalent to...

- ◆ Driving from Melbourne to Darwin in a petrol car 56 times
- ◆ 563,200 cups of coffee
- ◆ Restoring roughly 19 tennis courts of natural habitat
- ◆ 64 nine metre diameter balloons – see below:



GENERATING ENERGY AND SAVINGS

Our solar panels on the hall building are proving to be a success! In just a couple of months, they've made a significant impact:

- ◆ Generated 30% of our energy demands on average for March and April
- ◆ Saved the school an average of \$370 per month (exc. Capital cost)
- ◆ Prevented 2.99 tonnes of greenhouse gases (tCO₂e) being released into the atmosphere.

We'll provide another update after the first year.

ENVIRONMENTAL BUILDINGS & GROUNDS COMMITTEE

AMICI INSIEME

Our whole school started Amici Insieme this week. This is when we meet in mixed groups from across the school, and our Year 5/6 Leaders run a 30 minute session which focuses on resilience. The experiences during Amici Insieme are designed to help children identify qualities and strengths, develop skills, respond with a range of strategies and seek support when faced with challenges.

In this week's session, we established connections with other members of our group and developed an agreement to enable us to work well together. You might like to discuss with your child what they learned in Amici Insieme and what they can do to take an active role!

Our 5/6 leaders did a great job showing their leadership skills and really living our school values of Compassion, Constant Learning, Sense of Possibility and Mutual Responsibility!



Jump Rope for Heart kicks off this term at Brunswick Primary School!

Jump Rope for Heart is the Heart Foundation's primary school skipping challenge that helps kids move more, have fun, and raise funds for life-saving research and programs.

This year we've got an audacious goal to see our student Heart Heroes at Brunswick Primary School log 40 hours of skipping throughout the program!

Register your child online, so they can receive the full benefits of the program and participate in online fundraising, simply follow the link below to get started. www.jumprope.org.au/parents

Students will be skipping throughout the term in PE lessons/during lunch break, during this time you can share their online fundraising page with family and friends to help raise money for this great cause.

We will hold our school Jump Off Day on **28th June**, this will mark the end of the program and is a chance for everyone to come together to skip and show off their newly learned skills.

Thank you for supporting the Jump Rope for Heart program!



PE

HEALTH AND WELLBEING



EXPRESSIONS OF INTEREST FOR AN ANXIETY PROGRAM for Grades 2 - 6

In term 3, Brunswick South Primary School will be offering the Cool Kids program to selected students. The program will be run during school hours by Caro.

The following information explains what the Cool Kids program involves and who may find the program helpful.

About the Cool Kids Program

Cool Kids is a structured program that teaches children and their parents how to better manage a child's anxiety. The program is based on Cognitive Behavioural Therapy (CBT), involves the participation of children and parents, and focuses on teaching practical skills. Topics covered in the program include:

- ◆ Learning about anxiety
- ◆ Learning to think realistically
- ◆ Parenting an anxious child
- ◆ Facing fears using stepladders
- ◆ Learning coping skills such as relaxation or problem solving

The Cool Kids program was developed by Macquarie University over the past 25 years, has been translated into a number of languages and is used in clinics, schools and hospitals around the world. The program has undergone continual scientific evaluation and development to include the latest understanding of anxiety and its treatment. Current results indicate that most young people who complete the program show significant improvement. Following treatment, there are marked increases in school attendance, confidence, number of friends and involvement in extracurricular activities and decreases in worry, shyness, fear and family distress.

How is the Cool Kids Program Delivered?

Cool Kids sessions will be run by Caro, our Mental Health and Wellbeing Leader at BSPS. She has done the training to facilitate these sessions.

For children, Cool Kids will involve 10 group sessions, held once per week during the school day. Groups will include six to eight students and each session will run for approximately one hour.

Parents will be invited to attend 2 parent information sessions (with other parents who have children who

are completing the group) in the first few weeks of the program and you will also have 2 one-on-one telephone sessions to discuss your child's progress in the second half of the program.

Between sessions children will be asked to practice skills at home and at school.

Would my child benefit from Cool Kids?

The Cool Kids program is being offered to children in years 2 to 6 whose main struggle is with anxiety. Cool Kids covers a broad range of fears and worries including:

Separation fears. Kids who worry that something bad will happen when separated from mum or dad. They often refuse to separate, e.g. won't go to school, sleep over at friends' houses, or be left at home with a sitter.

Social fears. Kids who are shy and who worry about what others think of them. They avoid social situations, performing and often have difficulty making friends.

Specific fears: Fears of particular objects or situations like dogs or water. The fear is so bad that they avoid situations where they might come across that fear.

Generalised anxiety. These kids are worriers. They worry about many different areas including school work, competition, family, and anything new. They ask for reassurance and may feel sick, get headaches or have trouble sleeping.

Cool Kids is not suitable for children whose main problem is low mood, aggression, hyperactivity, oppositional behavior or if they are autistic.

What else is involved?

Children who participate in Cool Kids will be asked to complete an online assessment. This will gather information about the concerns that you have for your child and will also include questionnaires for yourself and your child about thoughts, feelings and behaviour. The online assessment will be used to determine if your child is likely to find Cool Kids beneficial. Additionally, after the program is complete you would be asked to complete the same online assessment a second time so that we can track your child's progress.

How to nominate your child

If after reading this information you would like your child to be considered for the program, please complete and return the Cool Kids Expression of Interest (available from the school office).

Completed expressions of interest will be reviewed by Caro and the Wellbeing Team and decisions on who will be offered a space in the program will be made jointly by our school leadership team and the Wellbeing Team.

What Should I Do If I Have Questions?

If you would like to discuss Cool Kids or whether your child may benefit from the program please talk with Caro by emailing or calling the office.

brunswick.south.ps@education.vic.gov.au or 9380 1231

BOOK IN THE BABYSITTERS!
IT'S TIME FOR THE

BSPS



14 JUNE 2024
7.30-10PM
IN THE SCHOOL HALL

TEAMS OF 10-12
CHOOSE A THEME AND DRESS UP!
PRIZES FOR BEST DRESSED TABLE
AND TEAM NAME.

\$20 ENTRY
LICENSED BAR
BYO FOOD ONLY

LOTS OF
AWESOME PRIZES
UP FOR GRABS



GET YOUR TICKETS HERE
OR VISIT [TRYBOOKING.COM/CRVLM](https://trybooking.com/crvlm)
BY 5PM JUNE 9TH

GOT QUESTIONS? [BSPCAF@GMAIL.COM](mailto:bspcaf@gmail.com)



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COMMUNITY NOTICES

BRUNSWICK SOUTH TEAMKIDS NEWSLETTER



WHAT'S BEEN HAPPENING

Lunchtime Legends Event: A Huge Success!

A huge thank you to all the students who participated in our Lunchtime Legends event. It was a fantastic time filled with dodgeball games and parachute fun. The schoolyard was alive with smiling faces, laughter, and good times.

Teacher Appreciation Morning Tea

Our wonderful children have been hard at work helping to organise a special morning tea for our dedicated teachers. They've also been busy painting a beautiful sign to bid farewell to Giselle.

Winter Disco Preparations

Excitement is building as we prepare for our Winter Disco, happening on Wednesday, June 5th. The kids have started creating lots of fantastic art and craft projects to decorate the event.

IMPORTANT DATES

Wednesday 5th June
Team Kids Winter Disco

Monday 10th June
King's Birthday public holiday



TEAMKIDS CLUBS ASC WEEK: 3 & 4

MONDAY

Art Attack Club

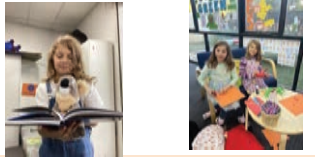
TUESDAY

WEDNESDAY

S.T.E.M Club

THURSDAY

FRIDAY



Service Mobile: 0439 283 509

Office Phone: 1300 035 000

Service Email: brunswicksouthtps@teamkids.com.au

Office Email: info@teamkids.com.au



Navigating the Digital World: Parenting in an Age of Gaming & Gambling!

A free information session to support parents & caregivers

About

The link between video games and gambling is a growing concern in today's digital landscape. Modern video games can expose young players to gambling-like behaviours that can lead to increased vulnerability to real-life gambling activities.

It's important for parents & guardians to talk to their children about responsible gaming habits, and this workshop will help you do that! Come along to our workshop which will provide:

- information about the link between gaming and gambling
- strategies and tips to help you help your child be a responsible gamer
- snacks!

Facilitated by Kirily & Simran from The Salvation Army Gamblers Help, and supported by Merri-bek Youth.



Program details:

When
Monday 17 June
6pm - 7pm

Where
Oxygen Youth Space, 4-8 Gaffney Street, Coburg North

Register

Please scan the QR code or visit <https://bit.ly/3V1z42e>



For more information please email Vanessa on vportaro@merri-bek.vic.gov.au or call 1800 699 688.

Merri-bek Language Link

Italiano	Italian	9280 1911	Türkçe	Turkish	9280 1914	普通话	Chinese (Simplified)	9280 0750
Ελληνικά	Greek	9280 1912	Tiếng Việt	Vietnamese	9280 1915	National Relay Service:		
عربي	Arabic	9280 1913	नेपाली	Nepali	9280 0751			13 36 77 or relay.service.com.au

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AGED CARE LANGUAGE CULTURE HERITAGE

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